

EVA CLAY

MSW, LCSW, CHT

Clinical Specializations

- Sex Therapy and Coaching
- Couples Therapy
- Creative Activation for Professionals in Theatre, Film, and Art.

Academic Qualifications

PROFESSIONAL PSYCHOTHERAPY LICENSE (LCSW)

2001

MASTER'S DEGREE IN SOCIAL WORK (MSW)

University of California, Los Angeles

Masters Thesis: "Women's Sexual Psychology"

1998

BA IN THEATRE ARTS AND SOCIOLOGY, EMPHASIS IN WOMEN'S STUDIES.

Chapman University, Orange County, CA

1996

Teaching Positions

Seminar Leader – “The Wounded Healer: Preventing Vicarious Trauma in Mental Health Professionals”. 2001 – 2017

Clinical Supervisor – Psychology and Social Work students and Interns, with over 200 total. 2001 – 2017

Professor of Neuropsychology - UCLA and University of Southern California. 2002 - 2015

Seminar Leader – Power Communication Skills, LA City Mayor’s Office. 2001 - 2015

Professional History

Clinical Director - Domestic Violence Clinic – Los Angeles, 2006 – 2015

Clinical Director - Rape Crisis Treatment Center - Santa Monica, CA, 2005 – 2006

Clinical Director - Amanecer Family Trauma Clinic, Downtown LA, 2001 – 2006

Clinical Director - Drug Treatment Center for Sex Workers, Los Angeles, 2001 – 2003

Psychotherapist - Community Counseling Clinic for Women, Los Angeles, 1997 - 2001

Psychotherapist - Spectrum Services - HIV/AIDS Clinic for Women, Watts, CA 1996 - 1998

Director HIV/AIDS Prevention Program - LA Gay and Lesbian Center, 1994 - 1996

Certifications and Training

- Relationship and Intimacy Training (with Esther Perel, LMFT)
- Imago Couples Therapy (with Harville Hendrix, Ph.D)
- Embodied Relational Sex Therapy (with Stella Resnick, Ph.D)
- Gottman Couples Therapy
- Sexual Tantra: 10 years - with Dawn Cartwright, Shakti Malan, Charles Muir, and many others.
- Totality Therapy Training (with Shakti Malan, Ph.D)
- Hypnotherapy - 2 certifications, in Eriksonian Hypnosis and Heart-Centered Hypnotherapy
- Somatic Experiencing (with Peter Levine)
- Mindfulness-Based Self-Compassion (Dr. Kristin Neff)
- Relational Gestalt Therapy (12 years of formal training at Esalen Institute and Pacific Gestalt Institute)
- Psychodrama – 4 years of formal training.
- Trauma Treatment (with Bessel Van Der Kolk, M.D. and Babette Rothschild, LCSW)
- Life-Art Process (with Anna Halprin)
- Interpersonal Neurobiology (with Dan Siegel, M.D.)